**ĐỀ 1:**

Đề 1 chọn kiếm tiền nhiều hay chọn

Rest time is important to reduce stress and recharge(ri for the workday

Complete personal tasks, Plan the new week to organize(o gần rai) work and time more effectively(ơ phách sơ lì).

Connect with family and friends, share conversations and participate(pạt típ sợt phây đệt) in fun activities(ách típ vơ ti).

Đê2 sv có nên mặc đồng phục hay thích mặc j thì mặc(

Should students wear uniforms or should they wear them if they like?)

Uniforms help erase boundaries(ơ rây bao đơ rì) of social status, income and appearance(ợp pia nia ần) among students.

Uniforms can help students practice discipline(phách tịp đít sập lần) and comply with regulations(re diu lây sần).

Uniforms can contribute to creating a beautiful image for the school and attracting students to study.

Đề 3

(ủng hộ việc công ty cung cấp thời gian tập thể dục cho nhân viên(Support companies providing exercise time for employees:)

Improving employee health and well-being improves(im pút sì) mood(mút), reduces(re điu sần)stress and anxiety(an zai ơ ty), and boosts energy(bút sen nờ dì).

Increase productivity( in quỵt pho đặc ti vi ty) and work more effectively(ơ phéc tịp vờ ly).

Strengthening(string vờ ning) the spirit of solidarityf (sờ piu ệt ợp so lì đe lơ tì)helps employees become more connected and create(quy ệt) team spirit.

Đề 4

Should I do an internship before going to work?

Internships help apply knowledge(no lít) learned in school to real work.

internship period, have the opportunity(óp pơ tu nơ ty) to meet and connect with working people

Internships help determine(đi tơ gin) whether the chosen career(châu dần cờ ria) is truly suitable or not

De 5 What is the effect of connecting people around?

Connecting with people around helps reduce stress, anxiety(en dai ơ ty) and improve mental health.

Open up new opportunities. When connecting with many people, there will be many new opportunities in work, study and life.

Helps the family become more connected

1. **Opinion: Public transports or private cars**

It’s a difficult choice but if I had to choose one, I would prefer to use a private car. It offers more convenience and flexibility(phờ lếch ..) because I can plan my schedule(sờ ke chồ) and  move without having to rely on the schedules of public transportation. Additionally, private(phai vệt) cars provide more privacy(phai vợt si), and I can travel alone or with my friends and family without strangers(trên dờ). Although public transportation is cheaper(chịp bờ), I still think that using a private car is more convenient and comfortable, and it is the best choice for me.

**ĐỀ 2:**

1. **job satisfaction - promotion/having friends**

In my opinion, getting a promotion(bờ mô sần) is one of the most important factors that contribute to job satisfaction(sát đơ bác sần). Firstly, a promotion often comes with a higher salary(hai ờ sa ơ li) , which can increase(in quy) our income and reduce financial phai nen sồ)burden. Secondly, a promotion can bring respect(rét phẹt) from coworkers (câu gua cờ) and managers, which can boost our confidence(con phơ đần). Finally, with a promotion, we can meet new people and have opportunities to expand our network, which can be beneficial for our career(cơ ri ờ) development. Although having friends at work is certainly(sớt tần li) important, in my view, getting a promotion is more important for job satisfaction(sa dơ phát sần)

**ĐỀ 3:**

1. **Agree/ Disagree: children watch TV much -  negative effect**

In my opinion, I agree that watching too much TV can have negative(ne gờ tịp) effects(ơ phét) on children. Firstly, it can be bad for their health. For example, sitting for long periods(phia li ợt) of time can lead to potential(pơ ten sồ) health issues such as obesity(oh bí sờ ty) and heart disease(hót đợp dì). Secondly, the content of TV programming may not always be suitable for children, with violent or sensitive scenes that can have negative effects on their development. Lastly, excessive(ích sép tịp) TV watching can affect(ơ phét) their social(sâu sồ ) skills, as they may not spend enough time with friends and it can reduce opportunities for social interaction(in tơ rát sần) and communication(còn niu pơ cây sânf) with others. In conclusion(ken lu sần), it is important to be aware(ờ whe) of the negative effects(nây ga típ ơ phẹt) of television on children and ensure that they spend an appropriate(ơ phâu bì ệt)amount of time watching TV.

**ĐỀ 4:**

1. **Agree/ Disagree: student’s have a teacher with strict rules.(hoc sinh co 1 giao vien co noi quy nghiem ngat**

In my opinion, I agree that students should have a teacher with strict rules(stríp ru). On the one hand, having a teacher with strict rules can help students develop discipline(đít sập lần ) and responsibility. It can motivate(mâu vợp vệt) students to work hard and strive(troai) for excellence in their studies. For example, students will complete their homework and arrive(ơ roai) at school on time, which is beneficial(ben ni phít sồ) for their **future careers**(phiu trờ cờ li ờ). On the other hand, overly strict rules can have negative(ne gờ típ) effects(ơ phét) on students. They may become stressed and anxious(troét and en sờ), which can decrease(đét quy) their motivation and interest in learning, hindering their academic progress(a cơ đa mic pho rẹt). Therefore, while having a teacher with strict rules can be advantageous(ất ven trây dật), it is important to strike(s troai) a balance between strictness and flexibility(troét nít sần phách sờ bi li ty).

**ĐỀ 5:**

1. **Living apartment/ houses(can ho hay nha o)**

In my opinion, living in an apartment is better than living in a house. There are several reasons for this. Firstly, it is easier(I si ờ) to clean and maintain(main then) an apartment as it is smaller(sờ mo lờ) in size compared( com be) to a house. This can save time and effort for me and I can spend time doing other things. Secondly, apartments are often located in urban areas(lo cay đật in ú bèn ơ ria ờ), close to many important places(phây sật) such as schools, supermarkets, hospitals, and restaurants. Lastly, apartments typically(thíp bi cồ ly) have improved(im rúp) security measures(sờ ciu li ty men rúp) in place such as gated entrances(gây đật en trèn sit), security cameras, and guards(ga đờ). This can provide a sense of safety and peace of mind for me. Although houses offer more space and freedom, I still think that living in an apartment is more convenient(ken vi ni ần) and it is the best choice for me.

**ĐỀ 6:**

1. **Agree/ Disagree: big city more advantage than living small town**

I believe that living in a big city is more convenient than a small town(thao). There are several reasons for this. Firstly, a large(lo gờ) city offers better career(cờ ri ờ) development opportunities(óp pơ tru nơ tì). In a big city, there are a lot of companies(căm bà nịt) and we will have more job opportunities with higher salaries(hai ờ sa lơ rì). Secondly, we can easily access public transportation and modern facilities(phợt si li ty) such as hospitals, shopping centers, restaurants.. and everything can be found with the least effort(lít sẹp phớt) and time. Moreover, a big city also usually has better schools and universities than a small town. Finally, in a big city, we have more opportunities to meet people from different cultures(câu trờ) and backgrounds, which can broaden(bờ roa đần) our perspectives(pơ sẹp tịp) and help us learn more about the world. Although living in a small town will be more peaceful(phít phâu) and less crowded(cao đật), I still think that we should live in a big city.

**ĐỀ 7:**

1. **work from home/ office( làm việc tại nhà hay văn p)p**

It’s a difficult choice but if I had to choose one, I would rather work from home. There are several reasons for this. Firstly, working from home is flexible(p lách sơ bồ), I can create my own schedules(on sờ ke chồ) and don’t need to rely on the schedule of the office. Moreover, I can customize(cớt tầm my) my work environment(in vai ơ mần) which helps me stay focused(pho cật), productive and reduce(rì điu) stress. Secondly, remote(rì mốt) work helps me save a lot of time and money because I don't have to commute (cơm mi ợt) to the office..  Finally, working from home doesn't require wearing (ri quai ần re đing) a uniform, I can wear whatever(we we đáp the) clothes I feel most comfortable in. Although working in the office provides(bồ vai) more opportunities to build new relationships, I still think that working from home is more flexible and convenient and it is the best choice for me.

**ĐỀ 8:**

1. **Children should learn an instrument at school(học 1 nhạc cụ)**

In my opinion, children should learn an instrument(in tre mần) at school. There are several reasons for this. Firstly, playing an instrument will help students relax after hours of studying in class,  providing(bờ vai ing) them with fun and **rewarding experiences** (dờ gua đinh ích pia ri ần) that can reduce stress. Secondly, learning musical instruments can help them discover their own talents(tha lần) and encourage(in cơ rệt) their parents(be rần) to invest in their development. Moreover, they can enhance(in hen) their creativity(cờ ri típ vi ty) and create(quy ết) their own music..  Finally, having a basic understanding of musical instruments can be beneficial for their future careers(phiu trờ cờ li ờ). For example, they may be able to participate(po típ the bệt) in cultural exchanges(cao trồ lếch chen dật) at their future workplaces. In conclusion, I strongly believe that learning to play a musical instrument at school can provide children with a lot of benefits and they should learn an instrument at school.

**ĐỀ 9:**

1. **Agree/ Disagree: technology - make people happier(công nghệ làm mọi người hạnh phúc hơn)**

I agree that advances in technology make people happier. There are several reasons for this. Firstly, the development of technology will help us  to connect with others from all over the world through social networking applications. For example, thanks to technology, I can call video with my family when I study far away from home and stay connected with my old friends. Secondly, we can update information quickly by reading online newspapers. Finally, technology makes our lives more convenient when there are many applications to book train tickets, hotels or order food and clothes on the phone without leaving our homes. In conclusion, I think advances in technology really makes people happier.

**ĐỀ 10:**

**Agree/ Disagree: study group effective than alone(hoc nhom hieu qua hon 1 mot minh)**

In my opinion, I agree that studying in a group is more effective(ơ phét típ) than studying alone. There are several reasons for this. First of all, when studying with a group, we can discuss issues and share knowledge(no lịt) with each(ít) other, which provides the opportunity to exchange ideas and learn from others and broaden(bờ roa đần) our (o dờ)understanding. Moreover, studying in a group can help us stay motivated(mâu đờ vây đật) , on track, and take responsibility for completing tasks and assignments. In conclusion(ken lu sần), I believe that studying in a group is a more effective way to learn.

De 11làm nhiều tiền

In my opinion, I Disagree(đít sệp ri) that Employers contacting employees on weekends and holidays.Firstly, Employees may be annoyed(ơn noi) or frustrated(phất trây đật) by being interrupted(in tru rắp đật ) on their days off.Secondly, Frequent communication(phi quên cờn miu cây sần) outside of business hours can cause employees to feel stressed and overworked, leading to work-life imbalance(im ba lần).Lastly, Employees have the right to expect privacy(phai bờ si) and not to be bothered by work during these times. Therefore, it is inappropriate(in a bâu phây ệt) for an employer to contact an employee on a weekend or holiday.